

Northern Humboldt Union HSD

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 SALAD BAR ROLLS (YEAST) fruit fresh assorted MILK,1% Lowfat HOT DOG ON A BUN	Feb - 2 SUB SANDWICHES SALSA AND CHIPS FRUIT,FRESH ASSORTED MILK,1% Lowfat	Feb - 3 CHICKEN AND NOODLES BREADSTICKS FRUIT,FRESH ASSORTED COOK'S DESSERTS MILK,1% Lowfat
Feb - 6 SALAD BAR SLOPPY JOE ON A ROLL FRUIT,FRESH ASSORTED MILK,1% Lowfat	Feb - 7 SALAD BAR ROLLS (YEAST) PORK FRIED RICE MILK,1% Lowfat	Feb - 8 BEAN BURRITO SALSA AND CHIPS FRUIT,FRESH ASSORTED MILK,1% Lowfat SALAD BAR	Feb - 9 SPAGHETTI AND MEAT SAUCE BREADSTICKS FRUIT,FRESH ASSORTED MILK,1% Lowfat	Feb - 10 VEGETABLE SOUP ROLLS (YEAST) FRUIT,FRESH ASSORTED COOK'S DESSERTS MILK,1% Lowfat
Feb - 13 SALAD BAR FRUIT,FRESH ASSORTED PIZZA WITH CHEESE TOPPING PIZZA WITH GROUND PORK TOP MILK,1% Lowfat	Feb - 14 SALAD BAR FRUIT,FRESH ASSORTED TURKEY A LA KING ROLLS (YEAST) MILK,1% Lowfat	Feb - 15 SALAD BAR FRUIT,FRESH ASSORTED CHICKEN BURGERS MILK,1% Lowfat	Feb - 16 SUB SANDWICHES FRUIT,FRESH ASSORTED SALSA AND CHIPS MILK,1% Lowfat MACARONI SALAD	Feb - 17 TOMATO SOUP BREADSTICKS FRUIT,FRESH ASSORTED COOK'S DESSERTS MILK,1% Lowfat
Feb - 20 Feb - 27 BEEF TACO SALAD BAR FRUIT,FRESH ASSORTED MILK,1% Lowfat	Feb - 21 Feb - 28 SALAD BAR FRUIT,FRESH ASSORTED LASAGNA WITH GROUND BEEF BREADSTICKS MILK,1% Lowfat	Feb - 22 Feb - 29 SALAD BAR POTATO BAR FRUIT,FRESH ASSORTED MILK,1% Lowfat	Feb - 23	Feb - 24

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.